

FOR SHERYL WOODHOUSE LMFT CLIENTS AS OF 3/26/20:

With COVID-19's presence in our community, we request that if you are having flu-like symptoms such as a fever, body aches, cough, shortness of breath, have traveled to a high-risk area for transmission of COVID-19 in the last 14 days, or if you have been in close contact with someone confirmed positive or currently being evaluated for COVID-19 you do not come into the office for therapy.

Online sessions (using a HIPAA compliant platform and secure) are being conducted and accessing therapy from a private location like your home. **In-person sessions must be arranged with Sheryl Woodhouse LMFT** until the COVID19 crisis has passed. **This is for her clients only.**

We're committed to continuing care at Borntobebalanced.com and helping you reach your therapy goals. At this time, we find it necessary to conduct telehealth and we offer this to you for your safety.

Keep a social distance and keep washing your hands. We will get through this trying time together.

Our video software is secure and HIPAA-compliant. An invitation will be sent either via text or email and you will receive a link prior to your scheduled appointment.

Please make sure you are in a private location that allows you to have the same level of concentration and openness you show in our in-person sessions. We're committed to continuing care and helping you reach your therapy goals.

Let us know if you have any questions.

Sincerely,

Sheryl Woodhouse, LMFT
Borntobebalanced.com